



Fertility2Family Pregnancy Test Strips detect hCG (human chorionic gonadotropin), a hormone that can be present in urine during pregnancy.

PLEASE READ ALL INFORMATION IN THIS LEAFLET BEFORE PERFORMING THE TEST

## Pregnancy Test Strip INSTRUCTIONS FOR USE

For self-testing. For in vitro diagnostic use only. (Not to be taken internally)

Fertility2Family Pregnancy Test Strips are a fast, easy-to-use method to detect hCG in urine. This test provides a qualitative result (positive, negative, or invalid).

### How to Perform a Pregnancy Test?

1. Collect urine in a clean, dry container.
2. Remove the test strip from the foil pouch. Hold the coloured end of the strip and avoid contact with the absorbent end.
3. Immerse the strip vertically into the urine with the arrow end pointing towards the urine. Do not immerse past the MAX (maximum) line.
4. After 15 seconds remove the strip from the urine. Lay the test flat on a non-absorbent, dry, clean surface.
5. Results may be read at 5 minutes.
6. Do not read results after 10 minutes. Any changes after 10 minutes are not valid.
7. Discard the test device after single use.

### FAQs

**Q: When can I start testing?**

A: For best accuracy, test from the first day of a missed period. If you test earlier, a negative result can occur even if you are pregnant. If your period is late, repeat the test in 48 hours using first morning urine.

**Q: The Test Line is not as dark as the Control Line. Am I pregnant?**

A: Line intensity can vary. Any visible Test Line with a visible Control Line, read at 5 minutes, should be treated as hCG detected. Confirm with a healthcare professional.

**Q: What should I do if I get a negative result?**

AA: hCG was not detected at the time of testing. If your period is late, repeat the test in 48 hours. If results do not match your cycle timing or symptoms, speak with a healthcare professional.

**Q: What should I do if I get a positive result?**

A: hCG was detected. This may indicate pregnancy. Arrange follow-up with a healthcare professional to confirm and discuss next steps.

## Interpreting the Test Results

### Negative:

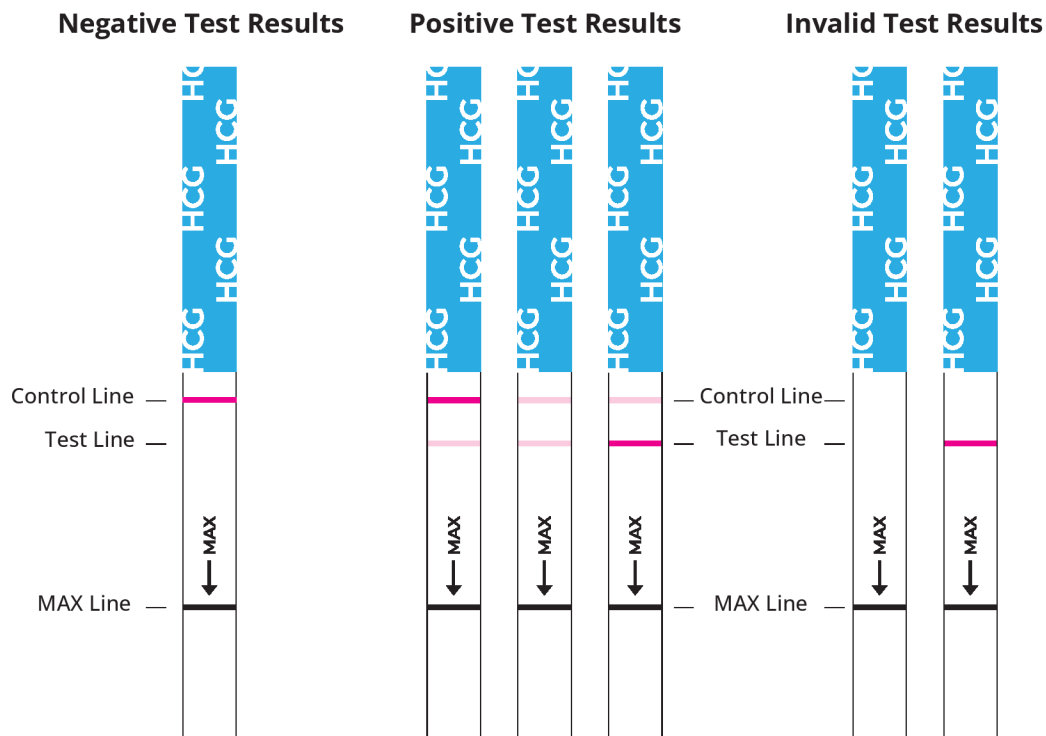
If one coloured line appears in the control area only (Control Line), hCG was not detected at the time of testing. If your period is late, repeat the test in 48 hours using first morning urine, or speak with a healthcare professional.

### Invalid:

If there is no Control Line, the test is invalid, even if a Test Line appears. Retest using a new test strip. If invalid results continue, contact Fertility2Family.

### Positive:

If two coloured lines appear, one in the control area (Control Line) and one in the test area (Test Line), hCG was detected. This may indicate pregnancy. Arrange follow-up with a healthcare professional to confirm and discuss next steps.



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- Each pouch contains one test strip and one desiccant. Do not ingest the desiccant.

### STORAGE & STABILITY

- Store between 4°C and 25°C up to the expiry date.
- Keep the test strip in the sealed pouch until use.
- Protect from direct sunlight, moisture and heat.
- Do not freeze. Shelf life is 18 months.

## WARNINGS & PRECAUTIONS

- Read directions for use carefully before performing this test. Pay attention to the position of the Test Line and Control Line.
- As with all diagnostic tests, a diagnosis should not be based on the result of a single test. Discuss results with a healthcare professional, particularly if results do not match your cycle timing or symptoms.
- Single use only. Do not reuse. Discard after use.
- Do not touch the membrane located within the test area.
- Do not use beyond the labelled expiry date.
- Do not use if the pouch is damaged or open.
- Use the device immediately after opening the pouch. Prolonged exposure to humidity can cause deterioration.
- Treat urine samples and used devices as potentially infectious. Avoid contact and wash hands after testing.
- Discard the desiccant safely.
- Medicines containing hCG can affect the result of the test. Consult a healthcare professional if you are taking any medicines or fertility treatments.

If you have severe abdominal pain, fainting, or heavy bleeding, seek urgent medical care regardless of the test result.

In peri-menopause or menopause, levels of hCG can occur and may lead to a positive result that is not due to pregnancy. If this may apply to you, seek medical advice and consider laboratory confirmation.

Testing before the first day of a missed period can detect a very early pregnancy that does not continue. If you test early, repeat testing and seek medical advice if you have pain, bleeding, or concerns.

Dispose of the used strip in household waste. Do not flush. Wash hands after disposal.

### Sensitivity to hCG - 25mIU/ml

Single Use



Store Between



#### AUSTRALIAN SPONSOR

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